

Free Community

2009

Education Classes

Health & Wellness

Call (800) 963-7070

www.whhs.com

Effects of Smoking — Stop Smoking Workshop

A physician specializing in pulmonary medicine will talk about the effects of smoking in your lungs as well as your body. A registered nurse, trained as a facilitator by the American Cancer Society, will facilitate the Stop Smoking Workshop.

Effects of Smoking

Jason S. Chu, M.D.

Pulmonologist

Washington Hospital Medical Staff

Stop Smoking Workshop

Deborah Ann Garcia, R.N., M.S.N.

Manager of Health Promotion

Washington Hospital Healthcare System



Monday, November 2

12 Noon to 3 p.m.

Washington West, 2500 Mowry Ave., Fremont
Conrad E. Anderson, M.D. Auditorium, Rooms A & B

Call (800) 963-7070 to register



Washington Hospital Healthcare System

Investing in the health of the community.

